



EFFECTIVE COMMUNICATION

A 16-week course at the White Lake Comm. Library

Register for either session:

Tuesdays from 1-2:30 beginning September 26 *or* Thursdays from 6:30-8 beginning September 28

Using the well-known book
***Nonviolent Communication:
A Language of Life***
by Marshall B. Rosenberg, PhD,
we will discuss everyday situations and
strategies. For more information
please call the library or visit
the circulation desk. Course fee of \$35
includes a copy of the book.



WHITE LAKE
COMMUNITY
LIBRARY

3900 White Lake Dr.
Whitehall MI 49461
231-894-9531

For parents, partners,
co-workers, friends

Handle difficulties, get
results with less stress

Understand desires &
needs of others

Let everyone be heard.
Resolve conflicts.
Share joy.

“..it can change your
life” J. Canfield,
Chicken Soup for the
Soul

Mary MacLeod has been studying and facilitating NVC study groups for several years. She is a parent, educator and former attorney who has worked with kids, teens and adults, and recently retired to Whitehall with her husband.

“In this book you’ll find
amazingly effective language
for saying what’s on your
mind and in your heart.”
Vicki Robin, *Your Money or Your
Life*